Congratulations on your purchase of the ABV® Ambient Breathing Valve! The ABV is designed to allow the diver to breathe atmospheric air while on the surface, thereby conserving precious tank air. Before descending, the diver simply closes the ABV.

The Ambient Breathing Valve® (Fig. 1) consists of four major parts: Base (#1), Outer Cap (#2), Valve Seat (#3) and a Diaphragm (#4). One o-ring (#5) between the base and seat valve and an o-ring (#6) between the base and outer cap to keep the ABV watertight. A screw (#7) acts as a stop for the outer cap to keep it from being completely removed.

**OPERATION OF THE ABV**

Before diving with your ABV, ensure the valve is in good working order by following the maintenance instructions included (see “Maintenance of the ABV”). If you find any faults in the valve, do not dive with it: Doing so may pose a safety hazard.

To open the ABV, rotate the cap counterclockwise for comfortable ambient air inhalation (Fig. 2). Exhalation will be done through the second stage of the regulator. Do not rotate the ABV further than the stop-screw allows, or damage may occur.

To close the ABV, rotate the cap clockwise, and give a firm twist to seat the o-ring (Fig. 3). If a leak occurs while underwater, tighten the cap further. Always close the ABV before water entry.

**CAUTION:** If diving in polluted waters, keep the ABV closed until you have been fully decontaminated. When storing your FFM, be sure to leave the ABV in the open position to let any residual water evaporate.

**MAINTENANCE OF THE ABV**

The following maintenance steps should be done periodically—at least annually, or if there is any noticeable decline in the ABV’s performance. Follow these steps to maintain your ABV:

Note: FFM skirt removed for clarity.

**Outer Cap**

1. Remove the stop-screw from the ABV® cap (Fig. 4). You may need to rotate the ABV® cap to provide easy access to the screw head. Set the screw aside for later reinstallation.

2. Rotate the ABV® cap counterclockwise, and remove the cap completely from the ABV® base (Fig 5).

**Diaphragm**

3. To remove the diaphragm from the valve seat, pull diaphragm away from valve while holding the diaphragm from center (Fig. 6). Once the diaphragm has been removed, examine it for wear.
or deformity. It should lie flat on a table top. Replace if damaged.

**Seat Valve**

4. Using an adjustable pin wrench, rotate the seat valve counterclockwise and remove it completely from the ABV® base (Fig. 7).

**O-ring**

5. Carefully remove the o-rings from the grooves on both sides of the ABV® base, and check that they are not damaged or dried out. Do not use metal tools to remove the o-rings, because doing so may damage the o-rings and its grooves. Use a credit card or similar object to lift the o-ring out of the groove. An alternate method is to apply pressure with your thumbs as you move them away from each other along the edge of the o-ring (Fig. 8). As the o-ring stretchs, it will pop out of the groove at the other end. Lubricate the o-rings with a small amount of high-grade silicone grease.

**Cleaning**

6. Clean all surfaces. Ensure that the threads and o-ring seal surfaces are free of dirt and debris.

**Reassembly**

7. Using needle-nose pliers, pull diaphragm stem into seat valve until you hear a slight popping sound (Fig. 9).

8. Position the lubricated o-rings into the grooves and seat them with your fingers (Fig. 10).

9. Thread the ABV® seat valve back onto the ABV® base using an adjustable pin wrench. Ensure there are no gaps between ABV® base and visor.

10. Thread the ABV® outer cap back into the ABV® base. Rotate the ABV® cap approximately four turns clockwise. The screw hole on the ABV® cap should be in place for the stop-screw. Reinstall the stop screw. It needs only to be snug—do not overtighten it.